



# Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 8 (July 18—July 22)

## IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



## CITIZENSHIP WEEK

This week our focus will be challenging campers to practice citizenship in a variety of roles through active and inactive games. For our main theme activity this week campers will be engaging in role playing scenarios while creating a Summer Camp town. Citizenship Week will culminate in a field trip to the State Capitol.

## THIS WEEK’S HIGHLIGHTS

### Monday

Health Rocks and Tennis Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be participating in our Health Rocks program and doing archery.

### Tuesday

Tennis and Swimming Day!

In the morning campers will start out with tennis and soccer. Afterward, they will go swimming from 11:30-1:00. In the afternoon campers will play active games outdoors make mosaic projects.

### Wednesday

Theme Activity and Disc Golf Day!

In the morning campers will be going through their create-your-own town scenario. In the afternoon we will do disc golf and play Who Wants To Be a Millionaire.

### Thursday

Swimming and Craft Challenge Day!

In the morning campers will start out by doing an inactive game and then they will do our craft challenge of the week. Afterwards campers will go swimming from 11:30-1:00. In the afternoon campers will play active and inactive games.

### Friday

State Capitol Field Trip!

In the morning campers will play our camper choice game of the week. Afterwards campers will go to the State Capitol for our field trip. We will leave the center at 10:30 am and return at 12:15 pm. In the afternoon campers will watch our movie of the week and participate in our challenge course.

**Fitness Focus:** Flexibility

## EMAIL NEWS

Don't miss a newsletter and have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.